

# A Lá Carte Labor Rates



## Frame

Check fork alignment .....	\$45
Align fork dropouts .....	\$15
Replace fork .....	\$50
Align frame dropouts .....	\$15
Align frame derailleur hanger .....	\$15
Check frame alignment .....	\$20
Chase/Tap frame braze-ons .....	\$20
Helicoil frame derailleur hanger .....	\$30
Chase/Face bottom bracket .....	\$45
Ream/Face frame headtube .....	\$35
Ream seat tube .....	\$25
Assemble frame, custom .....	\$180 and up



## Wheels

Replace tire/tube, front.....	\$6
Replace tire/tube, rear.....	\$7
Replace tire/tube, off bike.....	\$5
Build wheel.....	\$50
True wheel.....	\$15
True wheel (w/spoke replace).....	\$20
Adjust hub.....	\$10
Overhaul hub, 3-speed.....	\$40
Overhaul hub, coaster brake.....	\$30
Overhaul hub, front.....	\$20
Overhaul hub, rear.....	\$25



## Brakes

Adjust brake (one).....	\$10
Overhaul brake (one).....	\$20 and up
Bleed brake.....	\$20 and up
Install disc brake.....	\$40
Install Linear/Cantilever brake.....	\$30
Install brake levers (MTB) pair.....	\$10
Install brake levers (aero/road) pair.....	\$15
Replace brake pads (one).....	\$10
Replace (MTB) shifters.....	\$30
Replace (STI) shifters, each.....	\$30
Replace cable (one).....	\$15
Replace Rotor/Gyro cables.....	\$20



## Drivetrain

Install/remove crankset.....	\$15
Adjust bottom bracket.....	\$15
Overhaul (cup & cone) bottom bracket.....	\$25
Replace (cartridge) bottom bracket.....	\$20
Replace chainring(one) ...on bike \$15 ...off bike \$12	
Replace chainrings (double).....	\$20
Replace chainrings (triple).....	\$25
Replace cotter pins.....	\$10
Remove and replace freewheel.....	\$10
Install/remove cassette.....	\$10
Adjust derailleur.....	\$10
Overhaul derailleur.....	\$25
Replace derailleur.....	\$20
Replace derailleur pulleys.....	\$15
Lube chain.....	\$5
Replace chain.....	\$10



## Handlebars/Headset

Install (no tape) aerobar .....	\$25
Install bar ends .....	\$15
Install grips .....	\$10
Tape handlebar .....	\$20
Cut down handlebar, mountain .....	\$10
Cut down handlebar, road .....	\$15
Replace handlebar, mountain .....	\$25
Replace handlebar, road .....	\$35
Install stem (w/removeable face plate) .....	\$20
Adjust headset .....	\$10
Overhaul headset .....	\$30
Replace headset .....	\$40



## Accessories

Install baby seat.....	\$20 and up
Install bottle cage.....	\$2
Install computer (w/o cadence).....	\$15
Install computer (w/ cadence).....	\$20
Install fenders.....	\$15 and up
Install kickstand.....	\$5
Install pedals, pair.....	\$5
Overhaul pedals, pair.....	\$25
Install toe-clips/straps.....	\$10
Install rack, front or rear (bike).....	\$15 and up
Install training wheels.....	\$10
Install saddle.....	\$5
Install generator light, front or rear.....	\$15
Assemble bicycle (from shipping).....	\$35
Disassemble bicycle (for shipping).....	\$40

Schedule an appointment today! **773-355-0882**